

DAYLIGHT MENU

served daily 11am - 3pm

FRESH PRESSED JUICES & SMOOTHIES

CITRUS SPICE COOLER 9
ORANGE, LIME, PINEAPPLE, GINGER, TURMERIC

GREEN GRASS DETOX 9
GRANNY SMITH APPLE, CELERY, SPINACH, KALE, WHEATGRASS

GETTING TO THE ROOT 9
BEET, CARROT, FENNEL, GINGER, GRANNY SMITH

DATE & ALMOND BUTTER SMOOTHIE 12
ALMOND MILK, WILDFLOWER HONEY, PEA PROTEIN, CINNAMON

MIXED BERRY SMOOTHIE 9
GREEK YOGURT, WILD HONEY, ROLLED OATS, VANILLA

ON THE GO...

GREEK YOGURT PARFAIT 12
MIXED BERRIES, WILDFLOWER HONEY, GRANOLA & NUTS

ACAI BOWL 18
SEASONAL FRUIT, HONEY, NUTELLA, GRANOLA & NUTS

EGG & BACON BURRITO 16
CAGE FREE SCRAMBLED EGGS, BACON, CHEDDAR



SALADS

*add protein: chicken or roasted turkey 8
grilled skirt steak 12 seared salmon 14*

CHOPPED LITTLE GEM SALAD 15
CHICKPEAS, CUCUMBER, EGG, CHERRY TOMATO.

FIELD GREENS SALAD 15
GOLDEN BEET, FENNEL, BREAKFAST RADISH, SHERRY-SHALLOT
VINAIGRETTE

SANDWICHES

choice of salad, french fries or sweet potato fries

RATATOUILLE & BURRATA 19
GRILLED MEDITERRANEAN VEGETABLES, BURRATA CHEESE,
SUNFLOWER SEED PESTO, CIABBATA BREAD

ROASTED TURKEY CLUB 21
SPICED CANDIED BACON, SWISS CHEESE, GARLIC AIOLI,
MULTIGRAIN BREAD

ROTISSERIE CHICKEN WRAP 22
HEIRLOOM TOMATO, ENGLISH CUCUMBER, LITTLE GEM
LETTUCE, LEMON AIOLI

TOMBO TUNA CONFIT MELT 24
CAMELIZED SHALLOT, HEIRLOOM TOMATO, CHEDDAR,
SOURDOUGH BREAD

BLACK BEAN BURGER 24
HEIRLOOM TOMATO, PICKLED ONION, GARLIC AIOLI, CHALLAH

NAVI-BURGER 26
SMOKED BACON JAM, CHEDDAR, CHIPOTLE AIOLI, CHALLAH

GRAIN BOWLS

MOROCCAN SPICED CHICKEN BOWL 26
SPICED COUS COUS, SULTANA RAISINS, PISTACHIO CRUMBLE

GRILLED SKIRT STEAK BOWL 28
BLACK BEANS, BROWN RICE, ROASTED SWEET PEPPERS,
ONIONS, CHIMICHURRI SAUCE

SEARED NEW ZEALAND KING SALMON 30
BROWN RICE, EDAMAME, CHARRED CORN, CHERRY TOMATO,
CREAMY GINGER DRESSING

SWEETNESS

FRESH FRUIT PALETAS 8
ASK FOR DAILY FLAVORS

VALRHONA DARK CHOCOLATE MOUSSE 12
CRUNCHY TOFFEE, LIGHTLY SWEETENED WHIPPED CREAM

CREME CATLAN PARFAIT 10
SPANISH CUSTARD, FRESH BERRIES, CHANTILLY CREAM

EATING RAW OR UNDERCOOKED FOODS CAN INCREASE THE RISK OF FOODBORNE ILLNESS